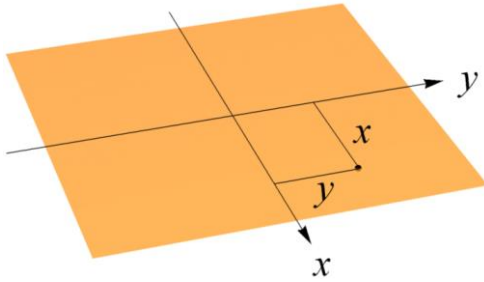


Cartesian Coordinates



An oldie but a goodie, yet not always the best choice!

Area of a circle in Cartesian coordinates

$$\int_{-R}^R \int_{-\sqrt{R^2-y^2}}^{\sqrt{R^2-y^2}} dx dy \xrightarrow{\text{pain}} \pi R^2$$

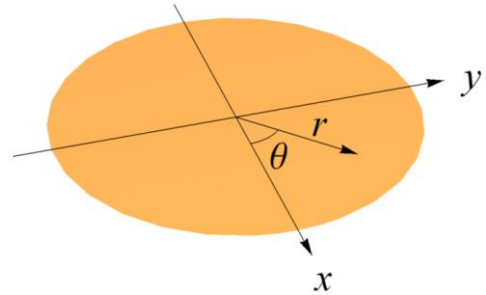
Area of a circle in Polar coordinates

$$\int_0^{2\pi} \int_0^R r dr d\theta \xrightarrow{\text{easy}} \pi R^2$$

Area Element

$$dV = dx dy$$

Polar Coordinates



$$\begin{array}{l} \text{Polar} \\ \text{to} \\ \text{Cartesian} \end{array} \left[\begin{array}{l} x = r \cos[\theta] \\ y = r \sin[\theta] \end{array} \right] \quad \left[\begin{array}{l} r = \sqrt{x^2 + y^2} \\ \theta = \text{ArcTan}\left[\frac{y}{x}\right] \end{array} \right] \begin{array}{l} \text{Cartesian} \\ \text{to} \\ \text{Polar} \end{array}$$

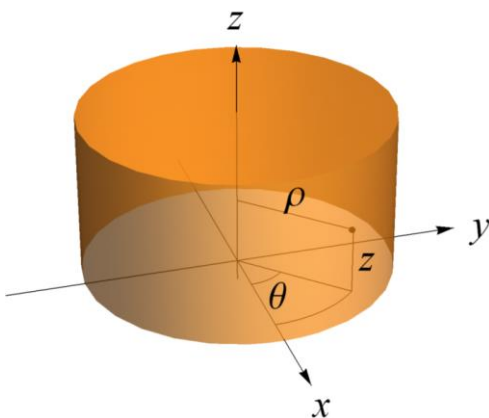
Unit Vectors

$$\left[\begin{array}{l} \hat{x} = \cos[\theta] \hat{\rho} - \sin[\theta] \hat{\theta} \\ \hat{y} = \sin[\theta] \hat{\rho} + \cos[\theta] \hat{\theta} \end{array} \right] \left[\begin{array}{l} \hat{\rho} = \cos[\theta] \hat{x} + \sin[\theta] \hat{y} \\ \hat{\theta} = -\sin[\theta] \hat{x} + \cos[\theta] \hat{y} \end{array} \right]$$

Area Element

$$dV = r dr d\theta$$

Cylindrical Coordinates

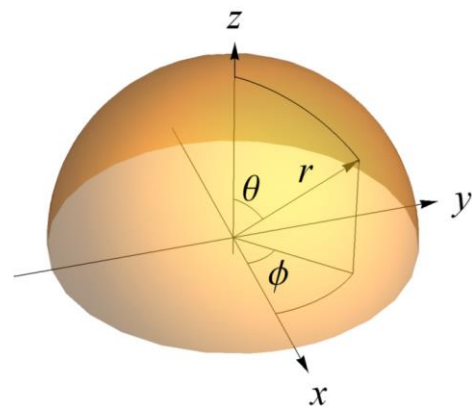


$$\left[\begin{array}{l} x = \rho \cos[\theta] \\ y = \rho \sin[\theta] \\ z = z \end{array} \right] \left[\begin{array}{l} \rho = \sqrt{x^2 + y^2} \\ \theta = \text{ArcTan}\left[\frac{y}{x}\right] \\ z = z \end{array} \right]$$

Volume Element

$$dV = r^2 \sin[\theta] dr d\theta d\phi$$

Spherical Coordinates



$$\left[\begin{array}{l} x = r \sin[\theta] \cos[\phi] \\ y = r \sin[\theta] \sin[\phi] \\ z = r \cos[\theta] \end{array} \right] \left[\begin{array}{l} r = \sqrt{x^2 + y^2 + z^2} \\ \theta = \text{ArcTan}\left[\frac{(x^2 + y^2)^{1/2}}{z}\right] \\ \phi = \text{ArcTan}\left[\frac{y}{x}\right] \end{array} \right]$$

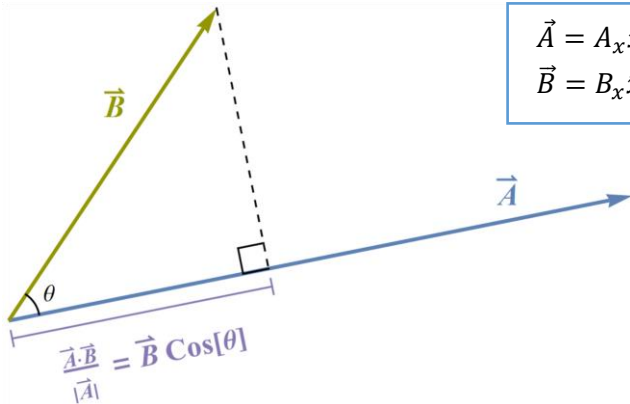
Volume Element

$$dV = r^2 \sin[\theta] dr d\theta d\phi$$

Dot Product

$$\vec{A} \cdot \vec{B} = A_x B_x + A_y B_y + A_z B_z$$

$$= |\vec{A}| |\vec{B}| \cos[\theta]$$



$$\vec{A} = A_x \hat{x} + A_y \hat{y} + A_z \hat{z}$$

$$\vec{B} = B_x \hat{x} + B_y \hat{y} + B_z \hat{z}$$

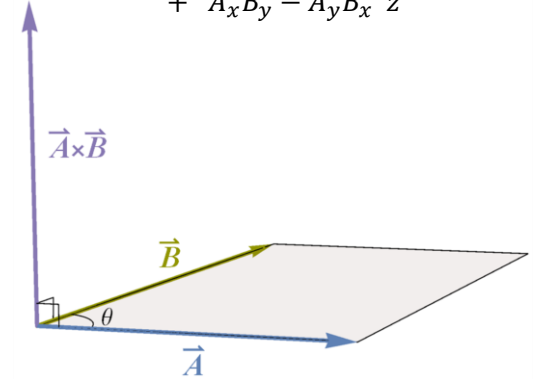
- $\vec{A} \cdot \vec{B}$ is a scalar
- $\vec{A} \cdot \vec{B} = \vec{B} \cdot \vec{A} \longrightarrow \vec{A} \cdot \vec{A} = |\vec{A}|^2$
- For any unit vector \hat{n} , $\vec{A} \cdot \hat{n}$ represents the length of \vec{A} along the direction \hat{n}

Cross Product

$$\vec{A} \times \vec{B} = (A_y B_z - A_z B_y) \hat{x}$$

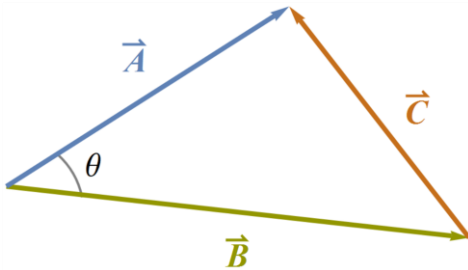
$$+ A_z B_x - A_x B_z \hat{y}$$

$$+ A_x B_y - A_y B_x \hat{z}$$



- $\vec{A} \times \vec{B}$ is a vector
- $\vec{A} \times \vec{B} = -\vec{B} \times \vec{A} \longrightarrow \vec{A} \times \vec{A} = \vec{0}$
- Direction given by right-hand rule and magnitude $|\vec{A} \times \vec{B}| = |\vec{A}| |\vec{B}| \sin[\theta]$ equal to parallelogram area

Law of Cosines



- Triangle defined by vectors \vec{A} and \vec{B}
- Thirds leg given by $\vec{C} = \vec{A} - \vec{B}$

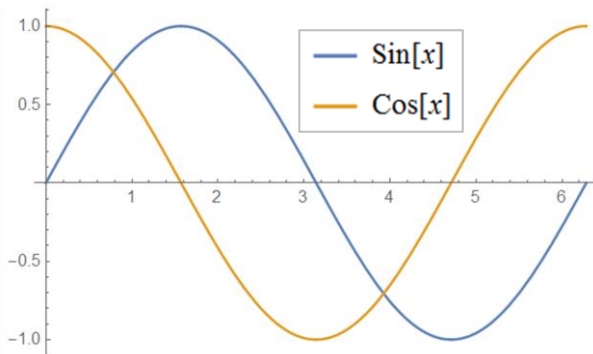
$$|\vec{C}|^2 = |\vec{A}|^2 + |\vec{B}|^2 - 2|\vec{A}||\vec{B}|\cos[\theta]$$

Proof

$$\vec{C} \cdot \vec{C} = (\vec{A} - \vec{B}) \cdot (\vec{A} - \vec{B})$$

$$= |\vec{A}|^2 + |\vec{B}|^2 - 2\vec{A} \cdot \vec{B}$$

Trig Functions



$$\cos[0] = 1$$

$$\sin[0] = 0$$

$$\cos\left[\frac{\pi}{6}\right] = \frac{\sqrt{3}}{2}$$

$$\sin\left[\frac{\pi}{6}\right] = \frac{1}{2}$$

$$\cos\left[\frac{\pi}{4}\right] = \frac{\sqrt{2}}{2}$$

$$\sin\left[\frac{\pi}{4}\right] = \frac{\sqrt{2}}{2}$$

$$\cos\left[\frac{\pi}{3}\right] = \frac{1}{2}$$

$$\sin\left[\frac{\pi}{3}\right] = \frac{\sqrt{3}}{2}$$

$$\cos\left[\frac{\pi}{2}\right] = 0$$

$$\sin\left[\frac{\pi}{2}\right] = 1$$

$$\cos[\pi - x] = -\cos[x] \quad \sin[\pi - x] = \sin[x]$$

$$\sin[x] = x - \frac{x^3}{3!} + \frac{x^5}{5!} - \dots = \sum_{j=0}^{\infty} (-1)^j \frac{x^{2j+1}}{(2j+1)!} = \frac{e^{ix} - e^{-ix}}{2}$$

$$\cos[x] = 1 - \frac{x^2}{2!} + \frac{x^4}{4!} - \dots = \sum_{j=0}^{\infty} (-1)^j \frac{x^{2j}}{(2j)!} = \frac{e^{ix} + e^{-ix}}{2}$$

$$\sin[x + y] = \sin[x]\cos[y] + \cos[x]\sin[y]$$

$$\cos[x + y] = \cos[x]\cos[y] - \sin[x]\sin[y]$$

$$\sin[2x] = 2\sin[x]\cos[x]$$

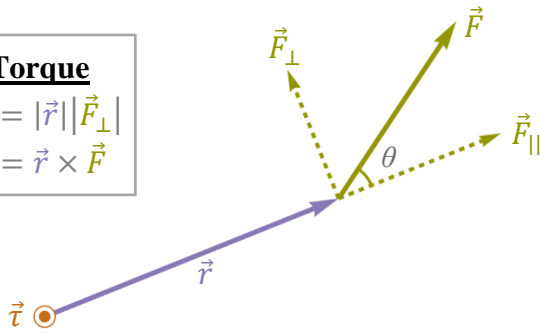
$$\cos[2x] = \cos[x]^2 - \sin[x]^2$$

$$= 2\cos[x]^2 - 1 = 1 - 2\sin[x]^2$$

Torque

$$|\vec{\tau}| = |\vec{r}| |\vec{F}_\perp|$$

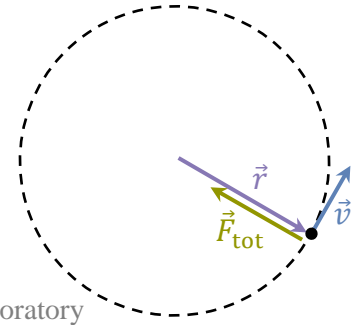
$$\vec{\tau} = \vec{r} \times \vec{F}$$



- Bigger wrench yields more torque
- Force pointing at base point has $\vec{\tau} = \vec{0}$

Circular Motion

$$\vec{F}_{\text{tot}} = -\frac{mv^2}{r} \hat{r}$$



- Ex: Geostationary orbit, laboratory centrifuge, playground carousel
- Tighter circles require larger \vec{F}_{tot}

Linearly Accelerating Frame

$$\text{Fictitious force } \vec{F}_{\text{linear}} = -m\vec{a}$$

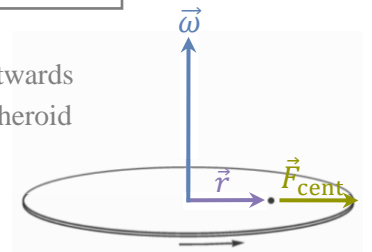


- Bus starts moving \rightarrow Pushed into seat
- Elevator moves up \rightarrow You feel heavier

Rotating Reference Frame

$$\text{Fictitious force } \vec{F}_{\text{cent}} = m\omega^2 \vec{r}$$

- Turn in a car \rightarrow Pushed outwards
- Earth rotating \rightarrow Oblate spheroid

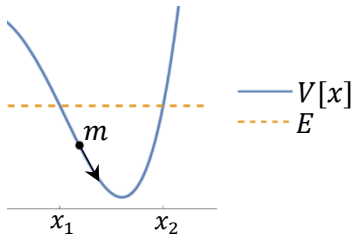
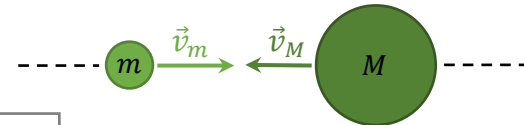


Newton's Laws

1st: $\vec{a} = \vec{0}$ implies $\vec{v} = \text{constant}$

2nd: $\sum \vec{F} = \frac{d\vec{p}}{dt} = m\vec{a}$ (constant m)

3rd: Equal and opposite forces



Energy

$$E = \frac{1}{2}mv^2 + V[x]$$

$$F[x] = -\frac{dV}{dx}$$

Mass in potential $V[x]$

- m oscillates between x_1 and x_2
- $v = 0$ when $E = V[x_1] = V[x_2]$

Momentum

$$\vec{p} = m\vec{v}$$

Elastic collision with $m = M$

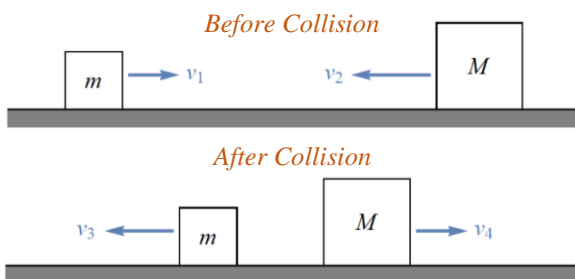
- Masses swap velocities

Elastic collision with $m \ll M$

- M 's velocity nearly unchanged
- m 's velocity increases to $v_m + 2v_M$

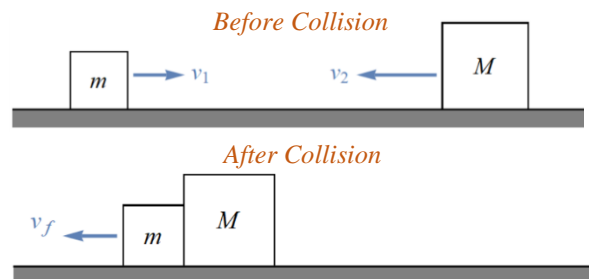
Elastic Collision

Masses rebound elastically \rightarrow Energy conserved
No net force \rightarrow Momentum conserved

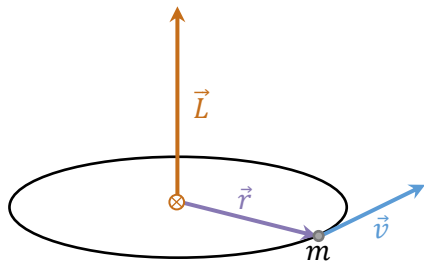


Inelastic Collision

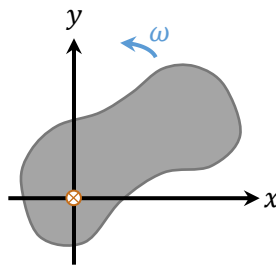
Masses stick together \rightarrow Energy *not* conserved
No net force \rightarrow Momentum conserved



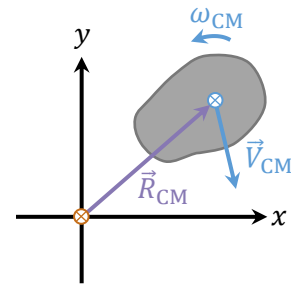
Angular Momentum and Kinetic Energy



Point mass
 $\vec{L} = m\vec{r} \times \vec{v}$
 $KE = \frac{1}{2}mv^2$



Extended body, pure rotation
 $\vec{L} = I\vec{\omega}$
 $KE = \frac{1}{2}I\omega^2$

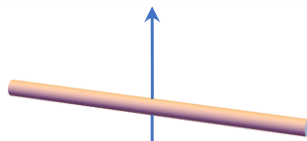


Extended body, general motion
 $\vec{L} = M\vec{R}_{CM} \times \vec{V}_{CM} + I_{CM}\vec{\omega}_{CM}$
 $KE = \frac{1}{2}MV_{CM}^2 + \frac{1}{2}I_{CM}\omega_{CM}^2$

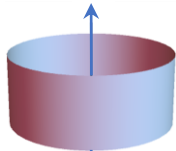
Moment of Inertia

$$I = \int r^2 dm \text{ (About an axis)}$$

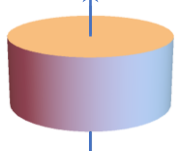
1D Rod $\frac{1}{12}ML^2$



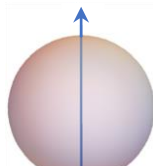
Hollow Cylinder MR^2



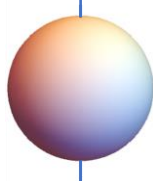
Solid Cylinder $\frac{1}{2}MR^2$



Hollow Sphere $\frac{2}{3}MR^2$



Solid Cylinder $\frac{2}{5}MR^2$



Center of Mass

$$\vec{R}_{CM} = \frac{\sum_j m_j \vec{r}_j}{\sum_j m_j}, \quad \vec{V}_{CM} = \frac{\sum_j m_j \vec{v}_j}{\sum_j m_j}$$

Parallel Axis Theorem

$$I = I_{CM} + Md^2$$

Example (1D Rod): $I_{CM} = \frac{1}{12}ML^2$

About end, $I = I_{CM} + M\left(\frac{l}{2}\right)^2 = \frac{1}{3}ML^2$

Perpendicular Axis Theorem

(For flat objects on x-y plane)

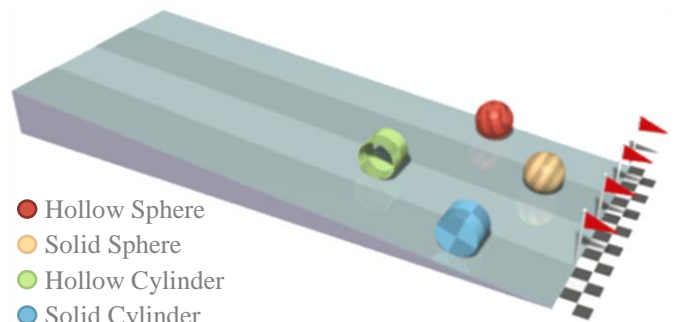
$$I_z = I_x + I_y$$

Example (2D Disk): $I_z = \frac{1}{2}MR^2$ out of plane

$I_x = I_y$ by symmetry $\rightarrow I_x = I_y = \frac{1}{4}MR^2$

Rotational Dynamics

$$\sum \vec{\tau} = \frac{d\vec{L}}{dt} = I\alpha \text{ (pure rotation)}$$



- Hollow Sphere
- Solid Sphere
- Hollow Cylinder
- Solid Cylinder